



# Support the MudWalk Spooky 5K Fun Run/Walk



**to Benefit the SCPS Environmental Studies Center**

**Costumes are Welcome!**

## **When:**

Saturday, October 20, 2018

Onsite Registration – 7:00AM

Race Start – 8:00AM

Pancake Breakfast – 8:30AM

Awards – 9:00AM

## **Location:**

The 5K will start at Winter Springs High School and run along the Cross-Seminole Trail and back to the HS to finish with our traditional pancake breakfast and awards presentation. The 5K will be decked out with our spooky theme for Halloween including friendly zombies and some ghoulish fun.

## **Registration:**

*(All registration is non-refundable)*

### **Adults 18 & Up:**

**\$20 EARLY BIRD REGISTRATION through 8/15/18**

\$25 August 16 – October 14\*

\$30 October 15 – October 19

\$35 Day of Race (Cash or credit card only)

\$20 for Sleep-In Option

### **Youth 17 & Under:**

**\$12 EARLY BIRD REGISTRATION through 8/15/18**

\$15 August 16 – October 14\*

\$20 October 15 – 19 and Day of Race

**SCPS Employee Wellness Discount** *(Courtesy of SCPS Wellness Committee)*

\$10 Registration\*

This registration is for SCPS employees only

Select "SCPS Employee" registration option

*\*Register by September 21<sup>st</sup> to ensure t-shirt size.*

*For later registration, t-shirts will be available only while supplies last.*

### **SCPS Employees:**

\$10 while spots are available. Please register using SCPS employee registration option. There are ONLY 325 spots, so register TODAY!

### **Sleep-In Option:**

Want to contribute to this event but not interested in getting up early?

Participate in our "Sleep-In" option. Register for the event by choosing the "Sleep-In" option and pick your t-shirt size. The morning of the event you can stay snuggled in bed knowing you have contributed and will also get a t-shirt!

### **Early Packet Pick Up:**

Pre-race packet pick up will be Friday, October 19, from 3:00PM – 7:00PM at the Environmental Studies Center, 2985 Osprey Trail, Longwood, FL 32750. Across CR419 from Soldiers Creek Park ball fields. Packets will also be available on race day starting at 7:00AM.

### **Pancake Breakfast:**

All participants are invited to join us after their run to enjoy a complimentary pancake breakfast. Spectators are welcome to join in for a donation. Donations are always welcome!

### **T-Shirts:**

All registered participants will receive an event day t-shirt. Shirt sizes and availability not guaranteed for registrations after September 21<sup>st</sup>.

### **Timing:**

This event will NOT be officially timed. There will be a time clock at the start/finish line but no official results will be calculated.

### **Awards:**

Medals will be awarded at our pancake breakfast for the

### **Top 3 Female & Top 3 Male**

who complete the run for each of the following:

- Elementary
- Middle School
- High School
- Adult

### **Traveling Trophy:**

The Traveling Trophies will be awarded to the SCPS elementary, middle and high schools with the most participation (staff, students & families). Winning schools receive a plaque to keep.

### **About this Event:**

All proceeds from this event will benefit the Seminole County Environmental Studies Center.

### **Restrictions:**

For safety reasons, in-line skates, skateboards, and dogs will not be allowed in the race. Headphones are discouraged. Baby-joggers and strollers will be allowed, however are required to start at the back of the starting corral.

**COSTUMES ARE WELCOME!**

For additional event questions, you may email [mudwalk5K@gmail.com](mailto:mudwalk5K@gmail.com).

*The Friends of the Environmental Studies Center is an authorized program of The Foundation for Seminole County Public Schools, a 501(c)3 organization.*